

MAY CONTAIN AND BE MADE IN AN ENVIRONMENT
WHERE THE FOLLOWING ARE USED:
CEREALS CONTAINING GLUTEN, EGGS, NUTS (INCLUDING PEANUTS),
MILK, CELERY, MUSTARD, SOY BEANS, SESAME SEEDS, FISH, CRUSTACEANS.
PLEASE ASK A STAFF MEMBER FOR ASSISTANCE
IF YOU HAVE ANY CONCERNS OR QUERIES.

ALLERGEN GUIDE:

1 - CEREALS (CONTAINING GLUTEN), 2 - CRUSTACEANS,
3 - EGGS, 4 - FISH, 5 - SOYBEANS, 6 - MILK, 7 - PEANUTS,
8 - NUTS, 9 - CELERY, 10 - MUSTARD, 11 - SESAME,
12 - SULPHITES, 13 - LUPIN, 14 - MOLLUSCS



10 GRATTAN SQUARE, DUNGARVAN, CO. WATERFORD
T. 058 41854

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The Local



LUNCH MENU

WE PRIDE OURSELVES ON FRESH, HOMEMADE FOOD. OUR DISHES ARE COOKED TO ORDER. PLEASE ALLOW 30-40 MINUTES DURING BUSY TIMES. YOUR PATIENCE IS GREATLY APPRECIATED.

CUP OF SOUP 1,6,9	€5
SOUPE DU JOUR	€6. ⁵⁰
WITH BROWN BREAD 1,6,9	
SEAFOOD CHOWDER	€13
WITH HOMEMADE BREADS 1,4,6	
CUP OF SOUP WITH HAM SALAD SANDWICH	€12
WITH HOMEMADE BREADS 1,6,9	
TOASTED SPECIAL	€9
HAM, CHEESE, ONION, TOMATO, MAYO 1,3,6	

CHICKEN SATAY SKEWERS		€10
SATAY PEANUT SAUCE	1,3,7,8,11	
PATATAS BRAVAS		€8
SAUTÉ POTATOES, SPICY TOMATO SAUCE	1,3,6,8	
AMERICAN STYLE BUFFALO WINGS		STARTER €13
BLUE CHEESE DRESSING	1,3,6	MAIN €16
PAN FRIED PRAWNS		€12
GARLIC BUTTER AND ROMESCO SAUCE	1,2,3,4,6,11	
GARLIC MUSHROOMS		€9
GARLIC MAYO	1,3,6	

THE LOCAL GOUJON WRAP CHICKEN GOUJONS, LETTUCE, TOMATO, ONION WITH SPICY OR PLAIN MAYO OR CAJUN 1,3	€12
SWEET CHILLI GOUJON WRAP CHICKEN GOUJONS, LETTUCE, CARROT, ONION, SWEET CHILLI SAUCE, SPICY MAYO 1,3	€12
MEXICAN CHICKEN WRAP GOUJONS, SALSA, GUACAMOLE, SOUR CREAM, ICEBERG LETTUCE 1,3	€13
SPICY BEEF WRAP MINCED SPICY BEEF, CARROT, LETTUCE, ONION, SPICY MAYO 1,3	€14

WARM CHICKEN SALAD	€15
MARINATED CHICKEN, ARDSALLAGH GOATS CHEESE, SUNDRIED TOMATOES, ONION, TOSSED SALAD, HUMMUS, SAUTÉ POTATOES 6,10,11	
BLACK PUDDING AND BACON SALAD	€15
FRIED EGG, SAUTÉ POTATOES, SUNDRIED TOMATOES, ONION, DRIZZLE OF SRIRACHA, TOSSED SALAD 1,3,6,10	
ASIAN BEEF SALAD	€16
SEARED STRIPLOIN STEAK, ASIAN SESAME DRESSING, SUNDRIED TOMATOES, SAUTÉ POTATOES, SCALLIONS, SESAME SEEDS 10,11	
STUFFED COURGETTE VEGAN / VEGETARIAN OPTION	€14
ONIONS, CELERY, PEPPERS, GARLIC, OLIVE OIL, MARINARA SAUCE, ALMONDS, CASHEW NUTS, SIDE SALAD 8	

STEAK SANDWICH	€18
DÉISE BLAA, MELTED CHEESE, ONIONS, MUSHROOMS, MAYO, CHIPS 3,6	
FRESHLY CRUMBED CHICKEN GOUJONS 1	€15
HOMEMADE LASAGNE 1,3	€16
FRESHLY CRUMBED HAKE GOUJONS	€15
PEAS, TARTARE SAUCE 1,3,4	

ALL SERVED WITH CHIPS

CONOR PRUNTY BEEF BURGER	€14
CHEDDAR CHEESE, KETCHUP 1,3,6	
SEAMUS PRENDERGAST CHICKEN GOUJON BURGER	€15
LETTUCE, ONION, SPICY MAYO 1,3,6	
DAN SHANAHAN BEEF SALAD BURGER	€15
LETTUCE, TOMATO, ONION, KETCHUP 1,3,6	
KEN MCGRATH HOUSE BEEF BURGER	€15
MELTED CHEESE, MUSHROOMS, ONIONS, KETCHUP 1,3,6	
JOHN MULLANE BEEF BURGER	€15
BACON, MELTED CHEESE, LETTUCE, TOMATO, ONIONS, KETCHUP 1,3,6	
AUSSIE GLEESON BEEF BURGER	€15
LETTUCE, RED ONION, CHEDDAR CHEESE, TOMATOES, RELISH, MAYO 1,3,6	
COLIN DUNFORD BRIE BEEF BURGER	€16
MELTED BRIE, RED ONION MARMALADE, LETTUCE, RELISH, MAYO 1,3,6	
“THE BRICK” WALSH CAJUN CHICKEN BURGER	€16
ROCKET, GARLIC MAYO, COLESLAW 1,3,6	
JAMIE BARRON MEXICAN BEEF BURGER	€16
SALSA, GUACAMOLE, JALAPEÑOS, LETTUCE, MAYO, CHEDDAR CHEESE 1,3,6	
TADHG DE BURCA BLUE CHEESE BEEF BURGER	€16
CASHEL BLUE CHEESE, RED ONION MARMALADE, LETTUCE, MAYO 1,3,6	
MICHAEL KIELY SMASH BEEF BURGER	€16
MELTED CHEESE, BACON, KETCHUP 1,3,6	
STEPHEN BENNETT SPICE BAG CHICKEN BURGER	€16
FRIED PEPPERS, ONION, CURRY SAUCE 1,3,6	

CHIPS	€4
SAUTÉ POTATOES	€4
MASH POTATOES 6	€5
BROWN BREAD 1,3,6	€1
COLESLAW 3	€1
SAUCES 1,3	€1
GARLIC BREAD 1,6	€4
BABY BOWL 6	€5
SIDE SALAD 10	€4
BACON	€1
CHEESE 6	€1
FRIED MUSHROOMS 1,6	€3
FRIED ONIONS 1,6	€3

WE SUPPORT “LOCAL” OUR SUPPLIERS
COUNTRY STORE - KIELY'S MEATS - MOSSIE JOYCE
LIAM ROSSITER - BARRONS BAKERY - BALLYCOTTON SEAFOOD
SYSCO - MUSGRAVES - GLANBIA - LA ROUSSE - NORTONS