

MAY CONTAIN AND BE MADE IN AN ENVIRONMENT
WHERE THE FOLLOWING ARE USED:
CEREALS CONTAINING GLUTEN, EGGS, NUTS (INCLUDING PEANUTS),
MILK, CELERY, MUSTARD, SOY BEANS, SESAME SEEDS, FISH, CRUSTACEANS.
PLEASE ASK A STAFF MEMBER FOR ASSISTANCE
IF YOU HAVE ANY CONCERNS OR QUERIES.

ALLERGEN GUIDE:

1 - CEREALS (CONTAINING GLUTEN), 2 - CRUSTACEANS,
3 - EGGS, 4 - FISH, 5 - SOYBEANS, 6 - MILK, 7 - PEANUTS,
8 - NUTS, 9 - CELERY, 10 - MUSTARD, 11 - SESAME,
12 - SULPHITES, 13 - LUPIN, 14 - MOLLUSCS

WE SUPPORT "LOCAL" OUR SUPPLIERS

COUNTRY STORE - KIELY'S MEATS - MOSSIE JOYCE - LIAM ROSSITER
BARRONS BAKERY - BALLYCOTTON SEAFOOD - SYSCO
MUSGRAVES - GLANBIA - LA ROUSSE - NORTONS

The Local



10 GRATTAN SQUARE, DUNGARVAN, CO. WATERFORD
T. 058 41854

WWW.THELOCAL.IE

TAG US ON



@THELOCALDUNGARVAN



@THE_LOCAL_DUNGARVAN



THE LOCAL MENU



WELCOME TO THE LOCAL.

WE PRIDE OURSELVES ON FRESH, HOMEMADE FOOD. OUR DISHES ARE COOKED TO ORDER.
PLEASE ALLOW 30-40 MINUTES DURING BUSY TIMES. YOUR PATIENCE IS GREATLY APPRECIATED.

TAPAS

CHARCUTERIE SHARING PLATE (FOR 2 PEOPLE)	€30
CHARCUTERIE BEAG (FOR 1 PERSON)	€15
SELECTION OF COLD MEATS, CHEESES, CRACKERS, BREADS 1,6	
CHICKEN SATAY SKEWERS	€10
SATAY PEANUT SAUCE 1,3,7,8,11	
BEEF NACHOS SHARING PLATE	€18
CHEESE, GUACAMOLE, SALSA, SOUR CREAM 3,6	
PATATAS BRAVAS	€9
SAUTÉ POTATOES, SPICY TOMATO SAUCE 1,3,6,8	
AMERICAN STYLE BUFFALO WINGS	STARTER €13
BLUE CHEESE DRESSING 1,3,6,11	MAIN €16
FRESHLY CRUMBED HAKE GOUJONS	€8
TARTARE SAUCE 1,3,4	
PAN FRIED PRAWNS	€13
GARLIC BUTTER AND ROMESCO SAUCE 1,2,3,4,6,11	
TOMATO AND MOZZARELLA PESTO SALAD 6,8	€9
HEILBHIC SEAFOOD CHOWDER	€13
WITH HOMEMADE BROWN BREAD 1,4	
GARLIC MUSHROOMS	€9
GARLIC MAYO 1,3,6	
ASIAN STYLE CHICKEN WINGS 1,3,6,11	STARTER €13
	MAIN €16

WRAPS

ALL SERVED WITH CHIPS

THE LOCAL GOUJON WRAP	€12
CHICKEN GOUJONS, LETTUCE, TOMATO, ONION WITH SPICY OR PLAIN MAYO OR CAJUN 1,3	
SWEET CHILLI GOUJON WRAP	€12
CHICKEN GOUJONS, LETTUCE, CARROT, ONION, SWEET CHILLI SAUCE, SPICY MAYO 1,3	
MEXICAN CHICKEN WRAP	€13
GOUJONS, SALSA, GUACAMOLE, SOUR CREAM, ICEBERG LETTUCE 1,3	
SPICY BEEF WRAP	€14
MINCED SPICY BEEF, CARROT, LETTUCE, ONION, SPICY MAYO 1,3	

CUSTOMER FAVOURITES

ALL SERVED WITH CHIPS

100Z ANGUS STRIPLOIN STEAK	€29
ONIONS, MUSHROOMS, PEPPER SAUCE, SALAD, ROASTED VINE TOMATOES 3,6	
STEAK SANDWICH	€22
DÉISE BLAA, MELTED CHEESE, ONIONS, MUSHROOMS, MAYO 1,3,6	
7OZ STRIPLOIN STEAK	€20
MASHED POTATO, VEGETABLES, GRAVY 3,6	
FRESHLY CRUMBED CHICKEN GOUJONS 1	€16
HOMEMADE LASAGNE 1,3	€16
FRESHLY CRUMBED HAKE GOUJONS	€16
PEAS, TARTARE SAUCE 1,3,4	
GOATS CHEESE TARTLET	€15
ROCKET, SUNDRIED TOMATO, RED ONION MARMALADE, PESTO 6,8	

DÉISE BURGERS

ALL SERVED WITH CHIPS

CONOR PRUNTY BEEF BURGER	€15
CHEDDAR CHEESE, KETCHUP 1,3,6	
SEAMUS PRENDERGAST CHICKEN GOUJON BURGER	€16
LETTUCE, ONION, SPICY MAYO 1,3,6	
DAN SHANAHAN BEEF SALAD BURGER	€16
LETTUCE, TOMATO, ONION, KETCHUP 1,3,6	
KEN MCGRATH BEEF BURGER	€16
MELTED CHEESE, MUSHROOMS, ONIONS, KETCHUP 1,3,6	
JOHN MULLANE BEEF BURGER	€16
BACON, MELTED CHEESE, LETTUCE, TOMATO, ONIONS, KETCHUP 1,3,6	
AUSSIE GLEESON BEEF BURGER	€16
LETTUCE, RED ONION, CHEDDAR CHEESE, TOMATOES, RELISH, MAYO 1,3,6	
COLIN DUNFORD BRIE BEEF BURGER	€16
MELTED BRIE, RED ONION MARMALADE, LETTUCE, RELISH, MAYO 1,3,6	
“THE BRICK” WALSH CAJUN CHICKEN BURGER	€16
ROCKET, GARLIC MAYO, COLESLAW 1,3,6	
JAMIE BARRON MEXICAN BEEF BURGER	€16
SALSA, GUACAMOLE, JALAPEÑOS, LETTUCE, MAYO, CHEDDAR CHEESE 1,3,6	
TADHG DE BURCA BLUE CHEESE BEEF BURGER	€16
CASHEL BLUE CHEESE, RED ONION MARMALADE, LETTUCE, MAYO 1,3,6	
MICHAEL KIELY SMASH BEEF BURGER	€16
MELTED CHEESE, BACON, KETCHUP 1,3,6	
STEPHEN BENNETT SPICE BAG CHICKEN BURGER	€16
FRIED PEPPERS, ONION, CURRY SAUCE 1,3,6	

WARM SALADS

WARM CHICKEN SALAD	€16
MARINATED CHICKEN, ARDSALLAGH GOATS CHEESE, SUNDRIED TOMATOES, TOSSED SALAD, ONIONS, HUMMUS, SAUTÉ POTATOES 6,10,11	
BLACK PUDDING AND BACON SALAD	€16
FRIED EGG, SAUTÉ POTATOES, SUNDRIED TOMATO, ONIONS, DRIZZLE OF SRIRACHA, TOSSED SALAD 1,3,6,10	
ASIAN BEEF SALAD	€16
SEARED STRIPLOIN STEAK, ASIAN SESAME DRESSING, TOSSED SALAD, ONION, SUNDRIED TOMATOES, SCALLIONS, SESAME SEEDS, SAUTÉ POTATOES 10,11	
STUFFED COURGETTE VEGAN / VEGETARIAN OPTION	€14
ONIONS, CELERY, PEPPERS, GARLIC, OLIVE OIL, MARINARA SAUCE, ALMONDS, CASHEW NUTS, SIDE SALAD 8	

SIDES

CHIPS / SAUTÉ POTATOES	€4
MASH POTATOES 6	€5
BROWN BREAD 1,3,6	€1
COLESLAW 3	€1
SAUCES 1,3	€1
GARLIC BREAD 1,6	€3
BABY BOWL 6	€5
SIDE SALAD 10	€4
BACON / CHEESE 6	€1
FRIED MUSHROOMS 1,6	€3
FRIED ONIONS 1,6	€3

WE REGRET THAT WE CANNOT SPLIT BILLS WE APOLOGISE FOR THE INCONVENIENCE